

AGING WELL TOGETHER

CENTRE
FOR
HEALTHY
AGING
KFL&A
LAUNCH

LEARN ABOUT
HEALTHY AGING
COMMUNITY
SUPPORTS IN KFL&A

PRESENTATIONS

INTERACTIVE BOOTHS

PRIZES + GIVEAWAYS

REFRESHMENTS

FREE SHUTTLE

NOVEMBER

24

DROP IN ANY TIME
10AM-2PM!
KINGSTON CITY HALL



Canadian
Frailty
Network



CENTRES
FOR HEALTHY AGING